

# Lillie Road Fitness Centre, SW6

## Revitalising South West London

Lillie Road Fitness Centre is a purpose built leisure facility, within a public recreation ground in the popular London Borough of Hammersmith and Fulham.

The centre is well liked by local residents and community groups such as local football teams and martial arts clubs. The building houses a gym, changing rooms, dance and multi-use studio, external changing rooms and crèche.

To maintain the popularity of the centre, major upgrade works were required and Martin Associates acted as Project Managers for the scheme in conjunction with the centre's operators, who work in Partnership with the local authority.

### Preparing for Change

Immediately after receiving the client's brief, Martin Associates began preparation of detailed designs for the refurbishment and modernisation contract. A full measured survey was undertaken to provide drawings for the proposed

works. Martin Associates chaired regular with the client and clients partners to help them make informed decisions and achieve their objectives.

### Selecting the Right Contract

A contractor was selected from the client's strategic partnering framework. The contractor priced the scheme on a negotiated basis. Martin Associates negotiated and defined the scheme particulars with the contractor to ensure the scheme would deliver the client design quality and value for money. Once this was agreed, Martin Associates advised the client of the most appropriate form of contract and prepared the contract documents.

Before starting the works, Martin Associates developed a programme with the contractor based on the client's deadlines. The programme of works was 12 weeks, and during this time Martin Associates represented the client on site. This included regular site visits/ reports, and resolving unexpected problems.

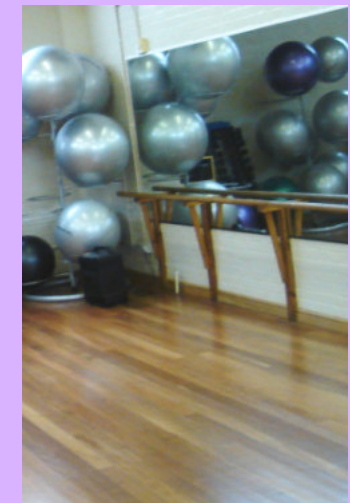
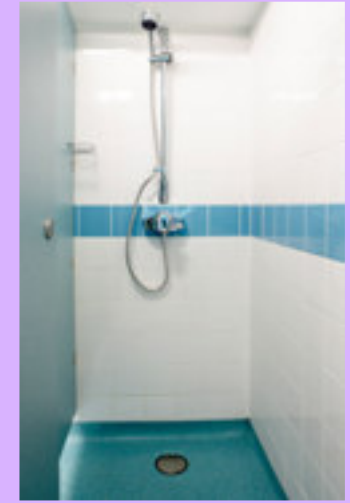
### A Dynamic Exercise Environment

The gym was transformed to provide a modern and vibrant environment. The layout of the gym was redesigned to provide an effective use and zoning, which was crucial due to the limited amount of space.

The distinct zones were established using decorations, floor finishes, raised podiums and access ramps. This provided the basis for the layout of new kit, including the latest cardio vascular trainers,

resistance kit and audio visual equipment. The dance and exercise studios were refurbished, prior to a revitalised timetable.

To complete the refurbishment, the air conditioning system was upgraded and associated changing rooms enhanced. The main entrance was improved to create a more spacious and accessible entrance, with an integrated membership lounge all of which completed within budget and on time.



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